

Child Health Service

Pre-Referral Guidelines

The Child Health Service offers parents and carers a variety of free services to give every child the best possible start in life.

Referral Pathways

There are TWO pathways to access the Child Health Service:

1. Parents/Carers self-refer to the following services (no referral required):

- drop-in clinics for advice about feeding, sleeping and other issues (short consultations)
- key age child health checks
- nutritional information and feeding support
- advice about infant and child behaviour
- growth and development checks
- parenting support.
- parent groups
- Aboriginal and Torres Strait Islander Advanced Health Workers are available to support Aboriginal and Torres Strait Islander families.
- Early Intervention Clinician – a psychologist or social worker to provide parenting support – self refer ONLY for parents of children 6-8yrs old (for parents of children 0-5yrs see below referral information)

If a family has any barriers to accessing the services above, a referral can be completed to support them in the booking process.

A bookings officer will then contact the parent/carer and arrange an appointment.

2. Health Professional referral required for the following services:

- Health assessments that require multidisciplinary support and monitoring (e.g. secondary developmental screening)
- Early Intervention Clinician support for parents of children birth to five years – a psychologist or social worker to provide parenting support
- Infant Feeding and Parenting Support Program - extended consultation for intensive support for babies up to six months old
- Postnatal Wellbeing Group – for mother's experiencing difficulties adjusting to parenting or have mild-to-moderate postnatal depression and/or anxiety



- Circle of Security Parenting Group - helping parents and caregivers to strengthen the parenting connection

Some clients may require an initial appointment with a child health nurse for assessment prior to accessing these services.

Please advise Parents/Carers they will be contacted by the Bookings Team from a private number.

For more information on the above services

[Child Health Service | Children's Health Queensland](#)

Referral form [chs-referral.pdf \(health.qld.gov.au\)](#)

- To be in the child's name
- Indicate Aboriginal and Torres Strait Islander identification
- Include parent/carer name, address, contact number, and alternate contact number if available
- Indicate the parent/carer has consented to the referral
- Is an interpreter required? Include preferred language
- Any additional considerations for a clinician home visiting the client (i.e. violence, current drug use identified)

Referrals can be sent by either:

e CHQ-CH-Referral@health.qld.gov.au

f (07) 3068 3719

Other referral options

- If main concern is developmental and/or learning difficulties refer to Child Development Program
[Child Development Program | Children's Health Queensland](#)
- If main concern is severe primary emotional disorder refer to Child and Youth Mental Health Service
[Mental health services | Children's Health Queensland](#)

Our locations

Our child health services are available in community health centres and facilities throughout greater Brisbane area. We cover a geographical area from Kilcoy and Bribie Island in the north, south to Beaudesert and east to include the Southern Moreton Bay Islands.

[Child Health Service | Service Detail | Children's Health Queensland](#)

Contact us

Child Health Service

t 1300 366 039

w [Child Health Service | Children's Health Queensland](#)