

**Sexuality is about who we are attracted to and is different for everyone. There is no right or wrong.**

**It's ok to get support or information.**

Here are some websites to help:

### Young people

[www.headspace.org.au](http://www.headspace.org.au) – search for 'sexuality'

[www.opendoors.net.au](http://www.opendoors.net.au)

[www.minus18.org.au](http://www.minus18.org.au)

[www.insideout.org.nz](http://www.insideout.org.nz) – see resources page

[www.reachout.com.au](http://www.reachout.com.au) – search for 'sexuality'

[www.qlife.org.au](http://www.qlife.org.au)

### Parents/carers

[www.pflagbrisbane.org.au](http://www.pflagbrisbane.org.au)

[www.raisingchildren.net.au](http://www.raisingchildren.net.au) – search for 'sexuality'

[www.beyondblue.org.au](http://www.beyondblue.org.au) – search for 'families like mine'

### Contact us

📍 Queensland Children's Gender Service  
Queensland Children's Hospital  
Level 3, Clinic 3C, 501 Stanley Street,  
South Brisbane Q 4001

📞 07 3069 7377  
✉ [CHQ-Gender@health.qld.gov.au](mailto:CHQ-Gender@health.qld.gov.au)  
🌐 [www.childrens.health.qld.gov.au](http://www.childrens.health.qld.gov.au)

# Sexuality

Hey,  
are you OK?

Meh, I think I'm bisexual  
and I'm worried what my  
parents and other people  
will think about  
my sexuality





Oh, you mean you're gay

Nah, bisexual means I like boys and girls

Oh, that's cool with me. There is nothing wrong with being bisexual. Do you need support from your parents?

Yeah, I don't really know how to tell them

Why don't we go together to chat to Mrs Ali about it?

That'd be good thanks. Let's go



Hi. How can I help you?

I want to tell my parents I'm bisexual, but I'm worried they won't love me anymore or will be angry at me

It's OK to worry about what people might say when you are telling them something important. Lots of young people identify as lesbian, gay, bisexual, pansexual or asexual

So I'm normal and it's normal to feel this way?

Yes, of course. I can see you are worried. I can help you talk to your parents if you like? I'm here to support you at school, please come to talk to me anytime

OK, I will come back tomorrow Thank you for your help Mrs Ali

Thank you for telling me friend. I'm really proud of you

