



Connecting2U

Do you have a child aged 0-5 years?

Sign up to find out more about your child's growth, looking after yourself, helping their brain develop and more!

They are for mums and dads, so why not sign up together!



Scan the QR code or visit our web page to register today!



Sign up to get free weekly parenting support txt msgs, like the ones below:

I like it when you hold me close, make eye contact and soothe me. Your kindness and gentleness when I cry makes me feel safe and I can calm more quickly.

My 0-4 week health checks are due. Don't forget to bring my Red Book!

I love connecting with you during tummy time. Start with short efforts a few times a day. I will soon get stronger.

childrens.health.qld.gov.au/connecting2u

Get in touch by emailing:
Connecting2u@health.qld.gov.au



Queensland Government