Queensland Paediatric Emergency Care

Skill Sheets

Orientation: Basic Emergency Paediatric Skills Checklist

You may wish to utilise these resources for self-education or as a point of care reference tool when working with children in the emergency department. Each topic links to a Queensland Paediatric Emergency Care (QPEC) Skill Sheet. Speak with your emergency department educator or supervisor before getting started and always refer to your hospitals local policies and procedures.

Suggested reading:

- Anatomical & Physiological Differences in Children
- <u>Family Centred Care: Communication Tips & Strategies</u>
- Keeping Children Safe in Hospital
- Observations in Infants & Children

Initial Assesment:

- Rapid Assessment: Paediatric Assessment Triangle
- Primary Survey

Airway:

- Airway Manoeuvres
- Nasopharyngeal Suctioning

Breathing:

- Respiratory Assessment
- High Flow Nasal Therapy (HFNT)
- Bag Valve Mask (BVM) Ventilation
- Bronchiolitis
- Croup
- Pre-School Wheeze

Circulation:

- <u>Cardiovascular Assessment</u>
- Hydration Assessment
- Oral Trial of Fluids
- Rapid Rehydration
- Intravenous Fluid Bolus
- Intravenous Maintenance Fluids
- Obtaining an ECG Neonate and Infant
- Obtaining and ECG Child





Disability:

- Neurological Assessment Tips in Infants & Children
- Pain Assessment using the QUESTT framework

Exposure:

Rashes in Children

Common Paediatric Procedures:

- How To Obtain a Blood Glucose Level (BGL)
- Setting Up For A Clean Catch Urine
- Nasogastric Tube Insertion
- Peripheral Intravenous Cannula (PIVC) Taping
- Holding for a Lumbar Puncture

Paediatric Medication Administration:

- Sucrose 24%
- Intranasal (Aerosol) Medication Administration
- Ventolin MDI & Burst Therapy
- <u>Intramuscular Injection</u>
- Paediatric Medication Resources

The Emergency Care of Children Working Group strongly recommended you enrol in the Queensland Health Emergency Transition Support Program and participate in paediatric courses such as Optimums Core, Optimus Prime and Optimus Pulse. If you have any questions or would like some face to face training discuss what is available to you with your department educator or clinical coach/facilitator.

Skill Sheet Legal Disclaimer

The information contained in these Queensland Paediatric Emergency Care skill sheets is for information purposes only. It was developed to inform emergency nursing care, but can also be applied by other clinicians acting within their scope of practice. The information has been prepared using a multidisciplinary approach with reference to the best information and evidence available at the time of preparation. No representation, warranty or assurance is given that the information is entirely complete, current, or accurate in every respect. The skill sheets are not a substitute for clinical judgement, knowledge and expertise, or medical advice. Variation from the skill sheets, taking into account individual circumstances may be appropriate. This does not address all elements of standard practice and accepts that individual clinicians are responsible for the following:

- Providing care within the context of locally available resources, expertise, and scope of practice.
- Supporting consumer rights and informed decision making in partnership with healthcare practitioners including the right to decline intervention or ongoing management.

- Advising consumers of their choices in an environment that is culturally appropriate and which enables comfortable and confidential discussion.
 This includes the use of interpreter services where necessary.
- Ensuring informed consent is obtained prior to delivering care.
- Meeting all legislative requirements and professional standards.
- Applying standard precautions, and additional precautions as necessary, when delivering care.
- Documenting all care in accordance with mandatory and local requirements.

Children's Health Queensland disclaims, to the maximum extent permitted by law, all responsibility and all liability (including without limitation, liability in negligence) for all expenses, losses, damages and costs incurred for any reason associated with the use of this skill sheet, including the materials within or referred to throughout this document being in any way inaccurate, out of context, incomplete or unavailable.



